

TRISHUL BALM



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Compositions:

Peppermint ka Phool.....	15%
Wintergreen Oil.....	10%
Nilgiri Tel.....	10%
Base.....	q.s.

Indications:

Provides quick relief from headache, colds sprain and muscular pain.

Descriptions:

Trishul balm is a combination of elements like Peppermint ka Phool, Wintergreen Oil

Tel, and Base. Peppermint, like many spices and herbs, is believed to have medicinal properties when consumed. It is said that it helps against upset stomachs, inhibits the growth of certain bacteria, and can help smooth and relax muscles when inhaled or applied to the skin. Other health benefits are attributed to the high manganese, vitamin C and vitamin A content; as well as trace amounts of various other nutrients such as fibre, iron, calcium, folate, potassium, tryptophan, magnesium, omega-3 fatty acids, riboflavin, and copper.

Dosage: As per the Physician's advice